



Mason Health

Mason General Hospital • Mason Clinic

March 2026

What's Happening

News Briefs

District welcomes new Board of Hospital Commissioner Pam Schlauderaff

Mason Health is pleased to announce **Pamela Schlauderaff, RN, MHA**, as a new hospital commissioner. A fifth generation resident of the Skokomish Valley, Schlauderaff brings decades of experience in nursing, clinic leadership, quality improvement, and public health to the Board.

"What I am most looking forward to is serving the patients and workforce here at Mason Health," Schlauderaff said. "My journey has been all about improving quality and access to health care, and I believe that that will be an asset on the board."

Working at her family farm, Hunter Farms in Union, Schlauderaff credits a strong multi generational influence, including two grandmothers who were educators, for encouraging her path into nursing. She earned her degree from Seattle University and became a registered nurse at 21.



Pam Schlauderaff

In 1985, Schlauderaff returned home to Mason County and co founded a medical practice in Shelton, Olympic Physicians, with her husband, **Dr. Mark Schlauderaff, MD**.

In 2013 the practice joined Mason Health, then known as Mason General Hospital & Family of Clinics. Schlauderaff later earned a master's of business management degree with a focus on healthcare from Troy University and continued advancing quality initiatives. Schlauderaff retired from Mason Health in December 2023 as Director of Quality, Patient Safety, and Regulatory Compliance.

"Pamela's depth of clinical expertise, operational leadership, and commitment to quality and staff engagement will be a tremendous asset as we continue serving our community," said Board of Hospital District Commissioner & President **Don Welander**.

Mason Health welcomes Natasha Edwards as Mason Clinic Primary Care Manager

Mason Health welcomed **Natasha Edwards**, Primary Care Manager at Mason Clinic, to the District in December 2025. Her passion for community-centered care and extensive background in clinic leadership make her a strong addition to Mason Health.

From 2020 to 2025, she worked as an operations support specialist and then clinic manager for CHAS Health in Spokane, gaining valuable experience in workflow improvement and team support.



Natasha Edwards

In 2020, Edwards completed her Bachelor's in Health Care Administration, followed by a healthcare leadership certificate from Gonzaga University. She is currently pursuing her Master's in Health Care Administration, continuing her commitment to professional growth and service.

Edwards said she was drawn to the administrative path because of her desire to help remove barriers as leader and make a meaningful difference in patient care.

When she isn't working, Edwards enjoys hiking, spending time outdoors, creating art, and exploring the Pacific Northwest.

Mason Health celebrates cafeteria re-opening and new branding!

In February, Mason Health celebrated the re-opening of the cafeteria, now known as **Mountain View Café!** Check out our ribbon cutting photos and learn more about these expanded services and offerings.



Mason Health re-opened its cafeteria on Monday, Feb. 9, with a new brand as the Mountain View Café, layout and internal service upgrades to better accommodate patients, visitors and workforce members. Featured artwork includes a landscape of the Olympic Mountains from local muralist **BriAnne Waite** and minimalist food photography from artist **Jennifer Rutledge**, supported through funding from Blue Zones of Mason County.

The new Mountain View Café provides affordable, fresh meals that promote healthier eating habits and contribute to the overall well-being of the community. Additionally, the café honors favorites like delicious baked goods, clam chowder, prime rib dinner and the popular salad bar. Workforce members will also be able to enjoy a more streamlined experience with a new Express Grab & Go menu and check-out line, designed to help the workforce move through the cafeteria faster.

"We decided to transition from 'Bistro in the Basement' to 'Mountain View Café' to better connect our name with the stunning Pacific Northwest environment surrounding Mason General Hospital," said **Ashlee Johnson**, Culinary & Nutrition Services Manager. "The artwork in the café walls beautifully showcases the four seasons of harvests in this region."

The cafeteria will feature upgrades for food storage and new registers and payment systems to help process transactions in a timelier manner. The Culinary & Nutrition Services Department has also worked hard at developing new menus for patients at Mason General Hospital, emphasizing local ingredients, reducing processed foods, and expanding vegetarian menu options.



Ashlee Johnson, Culinary & Nutrition Services Manager (holding scissors), Mountain View Café staff and Mason Health officials at the ribbon cutting ceremony at the Feb. 8th grand opening.

"Our mission is to provide outstanding food and beverage services that defy the common perception of 'hospital food,'" Johnson said. "Mountain View Café reflects our commitment to creating a welcoming environment where our community, patients and workforce can connect over fresh, wholesome food."



Special Kudos

Congratulations

to **Tracy Keefe**, Supply Chain Technician, for being named the February 2026 Employee of the Month!

Construction Updates

Mason Health has been undergoing a series of construction projects in alignment with the District's Campus Master Plan.

For more construction updates, visit www.masonhealth.com.

FRIDAY | JULY 10
UNION, WA
SHOTGUN START @ 9:30 AM

Register a team TODAY!

2024 MASON HEALTH FOUNDATION QUALITY CARE OPEN ANNUAL GOLF TOURNAMENT

SCAN ME!

Our Mission: Mason Health Foundation fulfills the mission of Public Hospital District No. 1 of Mason County by providing financial support to Mason Health.

Classes and Workshops

NEW Classes FREE This Month

Living Well with Diabetes

Four-part class for people diagnosed with Type 2 diabetes within the past 12 months. Class #1 is a review of Type 2 diabetes, monitoring blood sugar and medications. Class #2 is about healthy eating and planning. Classes #3-4 will take place in March. A Mason General Diabetes Education referral is required from your Primary Care Provider. For more information and to register, call 360-427-9543.

Time: 1 to 3 p.m., March 4 and March 11

Location: Washington Room at Mason General Hospital

Pre-Diabetes Class

A two-part class series for anyone with pre-diabetes or concerned with Type 2 diabetes prevention, presented by Mason Health's registered dietitians.

Time: 1 to 2:30 p.m., March 18 and March 25. The first class is an introduction to pre-diabetes, healthy eating and meal planning. The second class focuses on physical activity, stress management, sleep and goal-setting.

Location: Washington Room at Mason General Hospital

Note: Classes are FREE and no referral is needed - call **Sarah Hazen** (MGH Diabetes Wellness Scheduler) to sign up: 360-427-9543

Check www.masonhealth.com/community/classes for a full list of Classes and Workshops.



Current Safety Guidelines

Visiting Hours are 8 a.m. to 8:30 p.m.

Please enter at the Mason General Hospital Main Entrance. After hours, please use the Emergency Department entrance.

Our website has the most up-to-date visiting hours and guidelines: www.masonhealth.com



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Mission
United Community, Empowered People, Exceptional Health

Vision
Provide the best patient-centered care in the Pacific Northwest

Values
Service & Relationships