

Involved



Mason Health
Mason General Hospital
Mason Clinic

VOL. 10, NO. 6



Kim Lutey

Hi Volunteers!

As we welcome the month of June, we want to take a moment to thank each of you for the incredible time, compassion, and dedication you continue to give to our community. Summer is shaping up to be a busy and exciting season at Mason Health, and we're so grateful to have such an amazing volunteer team helping us make a difference every day. This month brings new opportunities to connect, celebrate, and serve together. From community events to preparations for one of our biggest annual fundraisers, there's so much to look forward to!

Looking ahead, it's time to gear up for our **Annual Golf Tournament on July 10th!** This year marks the 30th Anniversary of the Quality Care Open – a huge milestone for the Mason Health Foundation and our community. We would love your help in making this year's event a success. There are many fun ways to get involved, including photography, event setup, ticket sales, general event support and more! If you're interested in volunteering, please send me an email and I'll get you signed up. More details and volunteer sign-up opportunities will be shared as we get closer to the date of the event.

It's time to submit hours for Quarter 2!

Please make sure to report all volunteer hours for the year if you haven't already done so. Hours can be submitted throughout the month of June. Volunteers may submit a lump sum for each quarter (Quarter 1 is January through March, quarter 2 is April through June) or individually enter hours on the specific dates worked. Your contributions are vital to our mission, vision, and values, and we truly appreciate every hour you give. All submissions must be completed by June 30th.

We have several fun opportunities to volunteer at **community booths** throughout Shelton and Allyn this year! Upcoming events include **Bite of Mason County** (July 17), **Allyn Days** (July 18), **Annual Safety Fair** (at Mason Health, August 6) & **OysterFest** (October 3 & 4). These events are a wonderful chance to connect with the community, share your volunteer experiences, promote the services available through Mason Health and have fun alongside fellow volunteers. We'd love to have you join us!

And, finally, stay informed and inspired with the Mason Health Diabetes Wellness Newsletter! Each issue is packed with helpful tips, healthy recipes, wellness resources, and expert guidance to support healthy living and diabetes management. Read the latest newsletter and learn more at masonhealth.com/services/diabetes.

Thank you, as always, for your patience and flexibility during our ongoing construction projects. We know the changes can occasionally mean a few extra turns here and there, and we sincerely appreciate your adaptability and understanding. Be sure to follow our social media pages for updates, photos, and celebrations along the way. Exciting improvements are happening, and we're thrilled to continue growing alongside the needs of our community.

As June brings longer days and the start of summer activities, we hope you take time to enjoy the season and celebrate the meaningful impact you make through volunteering. Whether you're helping at events, supporting patients and visitors, or simply sharing a smile, your presence strengthens our community in countless ways.

Thank you for everything you do. We look forward to another wonderful month together!



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NEWSLETTER CONTRIBUTORS: Kim Lutey, Volunteer Program Specialist and Mathieu Sullivan, Marketing Coordinator

Mason Health welcomes *Candice Osmundson* as Mason Clinic Specialty Care Manager

Mason Health welcomed **Candice Osmundson**, Specialty Care Manager at Mason Clinic, to the district on May 4. She brings nearly two decades of experience in healthcare, including several years in operations and leadership roles, and has a strong passion for community-based healthcare, making her a perfect fit for Mason Health.

Originally from Southern California, Osmundson has lived in University Place, Washington since 1999. From an early age, she was drawn to a career in healthcare. "When I was younger, I wanted to be a critical care flight nurse. As I got older, I realized I had a pretty strong intolerance for motion, which made that path unrealistic," she said. "What stayed with me, though, was the desire to work in high acuity environments and contribute to patient safety. That's ultimately what led me into cardiac monitoring and later into healthcare operations and leadership."

Another significant driving factor in her desire to enter the healthcare industry was the long history of nursing that runs in her family.

"Healthcare always felt like a natural path for me. I grew up seeing the impact they had on patients and their communities, and it made the field feel both familiar and meaningful," said Osmundson.

Osmundson brings a wealth of knowledge and a long list of accomplishments to Mason Health. She received an Associate of Science in Pre-Nursing from South Puget Sound Community College in 2016 and a Bachelor's in Health Care Administration from Western Governors University in 2025. She began her career in 2007 as a Health Unit Coordinator at St. Clare Hospital in Lakewood, later moving into a role as a Cardiac Monitor Technician. In 2014, she joined the remote telemetry suite at Virginia Mason Franciscan Health, where she helped build the largest centralized telemetry monitoring unit in Washington state. In 2023, Osmundson was promoted to Cardiac Monitoring Unit Supervisor, leading a team of 92 telemetry technicians across eight hospitals helping an average of 700 patients daily. Before joining Mason Health, she served as the Surgical Oncology Clinic Manager for the MultiCare Cancer Institute.

For Osmundson, moving from a career in larger health systems to a small District like Mason Health is a welcome shift. "It offers the kind of environment where a strong sense of community truly shapes the way care is delivered," she said. "I've learned that I thrive in settings where relationships are close, communication is direct, and you



can genuinely feel the connection between the organization and the people it serves. I am committed to supporting staff, strengthening operations, and contributing to an environment where patients feel cared for and employees feel valued."

Despite her many accomplishments and wealth of experience at work, Osmundson is much prouder of her achievements elsewhere. "My greatest accomplishment is raising my four children, three boys and one girl, who are now 17, 15, 9, and 7," she said.

"Balancing a demanding career in healthcare with being present for my family has shaped me into a more patient, adaptable, and resilient leader."

When she's not tending to the needs of patients or wrangling her four children, Osmundson spends the spring and summer months gardening – she grows corn, pumpkins, onions, blueberries, strawberries, and more. She even calls herself mom to a small flock of chickens. And, when the months start turning from warm and sunny to cold and wet, you'll most likely find her somewhere snowboarding.

Mason Health announces winners of the 2026 DAISY Award for Extraordinary Nurses — OB nurse Amanda Diaz and MSP nurse Patricia (Trisha) Agnese

Mason Health is thrilled to announce two recipients of the 2026 DAISY Award for Extraordinary Nurses:

Amanda Diaz, RN (Birth Center) and **Patricia (Trisha) Agnese**, RN (Medical Surgical Pediatrics).

Diaz and Agnese were honored during Mason Health's DAISY Award Ceremony on Tuesday, May 12. The date was chosen intentionally: it coincided with National Nurses Week, Mason Health Week and the American Hospital Association's National Hospital Week. It also marked the 206th anniversary of Florence Nightingale's birth. Nightingale is the founder of modern nursing.

"Amanda and Trisha exemplify the very best in nursing through their dedication to clinical excellence and commitment to patient-centered care. They consistently go beyond routine responsibilities, offering comfort, dignity, and advocacy to patients and families during some of the most vulnerable moments of their lives," said Kris Gaa, chair of Mason Health's DAISY Awards Committee.

"Their ability to blend advanced skill with genuine empathy and compassion reflects the heart of the nursing profession, fostering trust and healing in every interaction. Whether through small acts of kindness or extraordinary efforts in critical situations, they demonstrate integrity, teamwork, and diligence in improving outcomes. Together, they set a powerful standard, reminding us that exceptional nursing is not only about expertise, but also about humanity."



One of Amanda's nominations highlighted her compassionate nature and tremendous bedside manner:

"Amanda made the experience of having my first baby the best experience ever. She was so compassionate, efficient with everything, and by my side the whole time. She made me feel so safe and comfortable. Anyone who has her as their nurse is so lucky. I hope to have her with me for every delivery!"

Another patient wrote: "I learned the absolute most from Amanda. If it wasn't for her helping me figure out breast feeding, I don't think I'd be doing as well as I am now. Now I am extremely confident I'll be able to breast feed whereas before I was unsure if I could. She was so very sweet/kind/and gentle. She was also a part of my C section checking in on me and even took a picture to show me my son while I was being sewn up and he was having complications. I was so grateful for that and it calmed my nerves. She is such a wonderful woman."

Another patient highlighted Trisha's willingness to go above and beyond: "I arrived in the ED with elevated heart rate and low blood pressure. Advised ED doctor I was a heart failure patient with an ICD. After being admitted to med/surg I called my cardiologist to ask for assistance and was told that my ICD should be interrogated before leaving & the ED could do so. By the time I'd received this information the med/surg doctor was gone for the day and Trisha came on her evening shift," the patient said. "She retrieved the equipment from the ED, contacted Abbott, learned how to use it, and downloaded the data from my ICD."

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She then went to the ED and printed the report so the doctor would have it the following morning. She did all this while showing a high level of concern and compassion for me as a patient. She was awesome!!”

Several of Amanda’s colleagues also recognized her leadership skills and willingness to go the extra mile.

“Amanda is one of a kind. She provides exceptional nursing care not only in the Birth Center but hospital wide. We depend on her leadership skills and are excited for her future here at Mason General Hospital.”

“She constantly goes above and beyond to ensure that our workflows are optimal, making our jobs easier and our care safe and efficient.”

Trisha’s colleagues mirrored the sentiment.

“Trisha is a kind and professional nurse who has decades of medical experience to share with the Mason General team,” said Sharon Reclusado, RN, Medical Surgical Pediatrics nurse.

“She is a great communicator and has good rapport with her patients. She is independent and reliable and makes being the charge nurse smooth and steady.”

“I just adore Trisha. She’s been a beloved addition to MSP since she joined our team years ago,” said Lacy Eveland, RN, Medical Surgical Pediatrics nurse. “She is

kind, patient, and gets along with everyone. Even on the craziest of days, she is always calm and helpful to her team members. Trisha has the gift of anticipation and excellent bedside nursing skills.”

The DAISY Award for Extraordinary Nurses is part of the national DAISY Foundation’s mission to recognize the extraordinary, compassionate care that nurses provide patients and families every day.

In 2026, Mason Health proudly recognized nearly 20 nominees across multiple departments, including:

Megan Corbin, RN (Medical Surgical Pediatrics); **Brent “James” Gillis**, RN (Emergency Department); **Marica Thomas**, RN (Birth Center); **Michele Rose**, RN (Wound Care); and **Brandy Lazarus**, RN (Intensive Care Unit).

Nurses may be nominated by patients, families, and colleagues. The award recipient is chosen by a committee of Mason Health staff, including frontline nursing professionals and department leaders. Each DAISY honoree receives a certificate, a DAISY Award pin, and a hand-carved sculpture titled A Healer’s Touch, created by artists of the Shona Tribe in Zimbabwe.

To nominate an extraordinary nurse, visit: www.daisyfoundation.org/daisy-award/thank-your-nurse-nomination or www.masonhealth.com.

CONSTRUCTION AT THE HOSPITAL

Updates as of June 2, 2026

Mason Health has been undergoing a series of construction projects in alignment with the District’s Campus Master Plan. These projects will further Mason Health’s mission by expanding services for patients, ensuring the District can continue to provide the best patient-centered care.

- The Diagnostic Imaging Reception and Waiting Area relocated to its new permanent location on April 16. Please see the registration desk at Mason General Hospital if you have any questions.
- Human Resources Remodel & Relocation: Human Resources is temporarily located at Building 237 at Professional Way in Shelton. In 2026, HR will reopen with expanded space in the lower level of Mason General Hospital.
- Crews will be installing structural steel at the top of the elevator shaft in the main hallway near the gift shop from 6/1/26 to 6/8/26. The drilling into the concrete wall will generate loud noise. The south elevators are still closed. Please use the north elevators near the Emergency Department.

For any questions or concerns regarding the construction projects, please contact the District’s Marketing and Communications Office at marketing@masongeneral.com.

Visit www.masonhealth.com for updates!

We still have openings for sponsors and men's, women's, and co-ed teams for the 30th anniversary of the Quality Care Open, one of Mason County's premier golf fundraisers.

Early Bird pricing is \$199 per player or \$796 per team.

Deadline is June 19th!



**Register
a team
TODAY!**

FRIDAY | JULY 10
UNION, WA
SHOTGUN START
@ 9:30 AM



2026 MASON HEALTH FOUNDATION
QUALITY CARE
OPEN ANNUAL GOLF
TOURNAMENT



Our Mission: Mason Health Foundation furthers the mission of Public Hospital District No. 1 of Mason County by providing financial support to Mason Health.

VOLUNTEERS NEEDED

Interested in changing your volunteer routine or increasing your hours?

If you or a friend/family member are interested in any of these programs, please contact Kim Lutey!

Clinic Concierge Volunteers (16+)

- Welcome patients, direct visitors, and assist healthcare professionals through interactions with patients and loved ones!

ED Concierge Volunteers (18+)

- Welcome patients, direct visitors, and assist healthcare professionals through restocking rooms and interacting with patients and loved ones!

Gift Shop Volunteers (18+)

- Talk with customers, ring up sales, and gain experience in a sales environment!

Chaplain Volunteers (18+)

- Interact with patients and loved ones through providing comfort, compassion, and a caring presence!

Office Volunteers (16+)

- Assist the Development Office in Marketing, Volunteer Services, and Foundation organization through supporting the office tasks and preparations!

Event Volunteers (16+)

- Assist the Mason Health Foundation through event preparation, day-of support, and tear down of our major events!
- Help with outreach recruitment events, such as Oysterfest, Taste of Mason County, and other fun social events. You get to share your experience with volunteering at Mason Health with the community!

If you would like to volunteer for any of these opportunities, call Kim Lutey at 360-427-3621 or email klutey@masongeneral.com.

Community Outreach Events Schedule & Shift Availability

If you'd like to connect with the community through working event booths, we'd love to have you join us! The suggested shifts are below, but we are flexible and can accommodate any schedule you'd like – just send me your preferred times. We need at least one volunteer per shift for Bite of Mason County and Allyn Days, and would love to have two volunteers per shift at Oysterfest!

- **Bite of Mason County – July 17 (Friday)**
— Downtown Shelton
— 10:30am - 2:30pm OR 2:30pm - 7pm
- **Allyn Days – July 18 (Saturday only)**
— Port of Allyn
— 11am - 3pm OR 3pm - 6pm
- **Annual Safety Fair – August 6 (Thursday)**
On the lawn by the Emergency Department and ICU Parking Lot at Mason General Hospital
— 11am - 3pm
- **OysterFest – October 3 & 4 (Saturday and Sunday)**
— Port of Shelton
— 10am - 2pm OR 2pm - 6pm

Curious about a future in healthcare?

Come explore it with Mason Health's Job Shadow Program!

You'll get the chance to follow our amazing healthcare professionals, see what their day-to-day really looks like, and discover all the different ways they make a difference in patients' lives. It's the perfect opportunity to ask questions, learn about education and career paths, and get inspired for what's ahead. If this sounds like your kind of adventure, reach out to me - I'd love to help you get started!

***Make a difference in your community
while gaining professional experience!***

