



Mason Health
Mason General Hospital • Mason Clinic

Advance Directive Workshop

Who will make medical decisions for you when you no longer can?

Make sure your health care choices are known.



We will discuss the importance and benefits of completing advance directives.



The workshop and all forms are provided free.



Bring your questions! Our presenter is knowledgeable and can direct you to more resources.

UPCOMING WORKSHOPS:

MASON COUNTY SENIOR ACTIVITIES CENTER

Beginning January 26, workshops will be held at **1 pm, the 4th Monday of each month**, at the

**Mason County Senior Activities Center
190 W Sentry Drive, Shelton, WA.**

FUTURE DATES: Feb. 23, March 23, April 27, June 22, July 27, Aug. 24, Sept. 28, Oct. 26, Nov. 23, and Dec. 28, 2026.

If you would like to offer an advance directive workshop or presentation to your club, organization or business, or for more information and to register for an upcoming workshop, email Mason Health Volunteer Karen Wiley, BSN, at kwiley@masongeneral.com.