



Mason Health

Mason General Hospital • Mason Clinic

October 2026

What's Happening

News Briefs

Mason Clinic recognized for childhood vaccination rates

Mason Clinic has been recognized by the Washington State Department of Health through the Immunize WA Provider Recognition Program for our childhood vaccination rates! This recognition does not happen by accident. Mason Health's Pediatrics teams have reviewed immunization records, prepared charts, identified vaccines that are due, answered parents' questions, educated families, followed up, and made sure our kiddos have every opportunity to stay healthy and protected.



Apple Health changes coming – stay informed

Mason Health is encouraging Mason County residents enrolled in Apple Health (Medicaid) to stay informed and keep their contact information current as federal changes to Medicaid eligibility and enrollment requirements are implemented over the next several years.

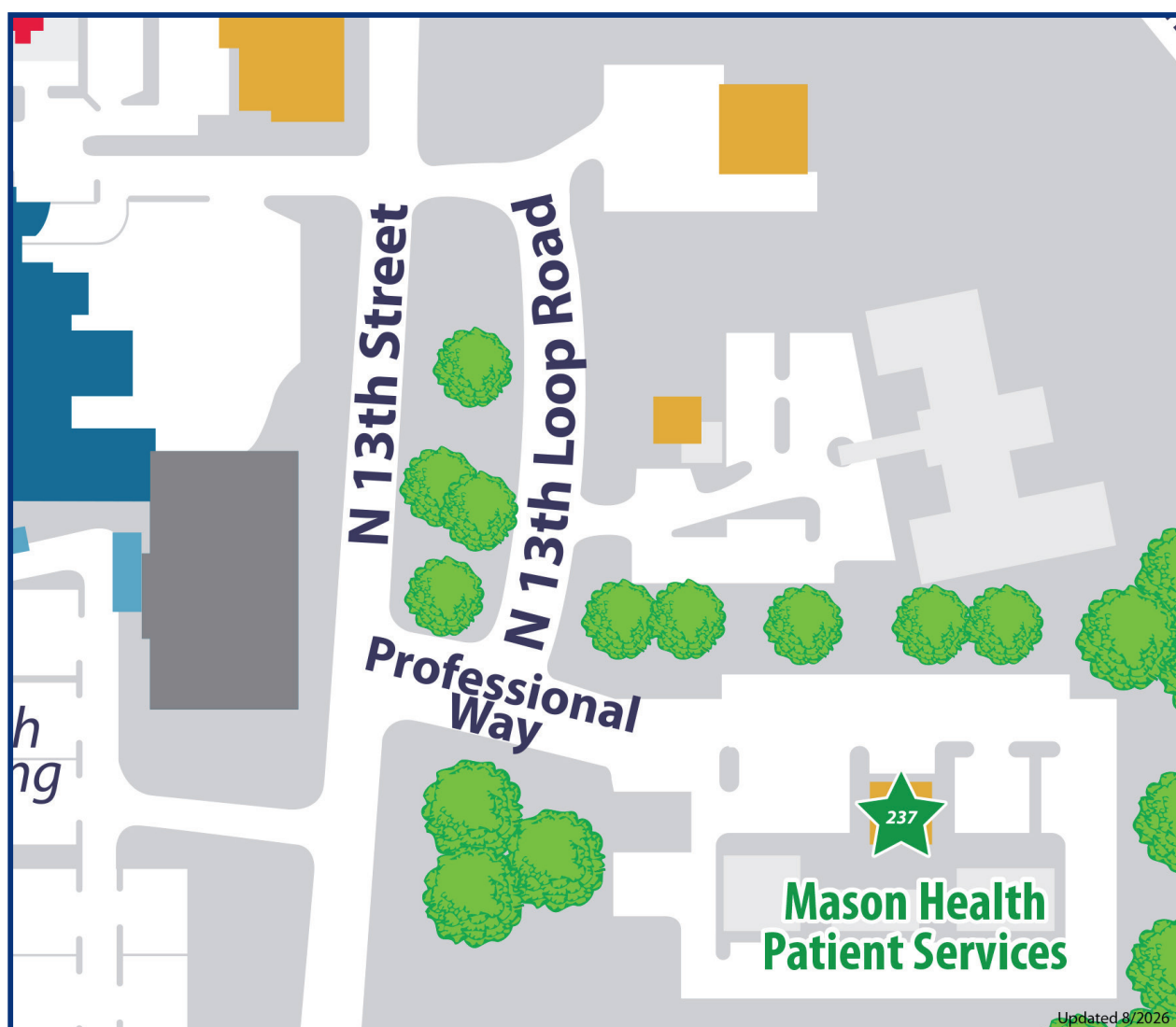
Beginning Jan. 1, 2027, adults who qualify for Apple Health for adults must renew their coverage every six months (previously one year) and meet work requirements (also called community engagement) unless they meet an exemption.

Some individuals with certain immigration statuses may no longer be eligible for Apple Health (Medicaid), starting in October.

Mason County residents can seek guidance from the Mason Health Patient Services Center, located at their new location at 237 Professional Way in Shelton.

For now, residents do not need to take immediate action. Mason Health encourages all Apple Health (Medicaid) members to verify that their mailing address, phone number and email address are up to date so they can receive important notices regarding their coverage. The Washington State Health Care Authority will use this information to communicate upcoming changes and actions individuals may need to take. Changes will be implemented throughout the next several months.

For local assistance, visit Mason Health Patient Services Center at 237 Professional Way in Shelton or call the Enrollment Liaisons at 360-427-3620.



Staffing Updates

Mason Health nurses selected as finalists for nursing excellence



Christina Lohmeyer



Periann Washenfelter

Christina Lohmeyer, RN, has been selected as a finalist for the March of Dimes 2026 Washington Nurse of the Year – Nursing Practice Excellence Award! Lohmeyer is a registered nurse in the Intensive Care Unit and was nominated by Mark Angelo Bartolome, Nurse Manager of Acute Care Services. The awards ceremony will be held in November in Seattle.

Periann Washenfelter, RN, was selected as a finalist for the Nursing Practice Excellence Award through the Philippine Nurses Association (PNA) of Emerald City. Washenfelter is a registered nurse specialist in the Would Care department at Mason General Hospital. She was honored in August at the Muckleshoot Casino Resort Events Center in Auburn.

Foundation News

THANK YOU TO OUR 2026
ENCHANTED EVENING IN WONDERLAND
DINNER & AUCTION
A BENEFIT FOR MASON HEALTH

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MASON HEALTH FOUNDATION IS FUNDRAISING THIS YEAR TO CONTRIBUTE TO THE PURCHASE OF FOUR PHILIPS AVALON FM SERIES FETAL AND MATERNAL MONITORS.

WWW.MASONHEALTH.COM/FOUNDATION

Special Kudos

Congratulations to Kimberly Clark,

Patient Financial Services Representative
September 2026 Employee of the Month!



Mission

United Community, Empowered People,
Exceptional Health

Vision

Provide the best patient-centered care
in the Pacific Northwest

Values

Service & Relationships

Follow us on social media



Contact us

901 Mountain View Drive • PO Box 1668, Shelton, WA 98584
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www.masonhealth.com

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WOMEN'S HEALTH EVENT

OCTOBER IS BREAST CANCER AWARENESS MONTH!

10 WAYS TO PREVENT BREAST CANCER

- 1 Maintain a health weight
- 2 Eat a healthy diet
- 3 Be physically active
- 4 Limit alcohol
- 5 Don't smoke
- 6 Breastfeed, if possible
- 7 Discuss hormone use
- 8 Know your family history
- 9 Consider preventive options
- 10 Get regular screenings

Mason Health encourages you to speak to your provider about your risk for breast cancer. Referrals are not necessary for a Mason Clinic-Women's Health visit. Call to schedule an appointment directly at 360-426-2653.

THE RURAL COLLABORATIVE

EVENT SPONSOR

Wellpoint

THE COMMUNITY IS INVITED TO A WALK-THRU

TRUNK OR TREAT

FRIDAY OCT. 23RD 2-4PM

MASON GENERAL HOSPITAL
EMERGENCY DEPT. PARKING LOT

SAY BOO TO THE FLU!
MASON HEALTH WILL BE OFFERING FREE FLU SHOTS DURING TRUNK-OR-TREAT.

Mason Health
Mason General Hospital
Mason Clinic

Mason Health Foundation
— CELEBRATING 35 YEARS —

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